



In-Home Activities for Family Caregivers

July 27- August 2

MUSIC MONDAY



Click [HERE](#) to hear hear the National Children's Chorus perform John Rutter's "Tomorrow Shall Be My Dancing Day".

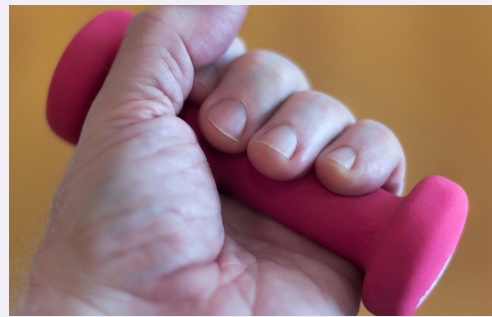
10:00am
Better Business Bureau's Jennifer Salazar presents Fraud Watch Live on [Facebook](#) and [YouTube](#).

COOKING TUESDAY



How do Orange Cranberry Pancakes sound? Click [HERE](#) for the recipe.

WORKOUT WEDNESDAY



Click [HERE](#) for some exercises using light weights.

CRAFTY THURSDAY



Click [HERE](#) to learn how to make paper beads at home.

FUN TIME FRIDAY



Click [HERE](#) to go on a virtual road trip along Route 66!

LEARNING SATURDAY



Click [HERE](#) to explore the life and art of Georgia O'Keefe

SELF-CARE SUNDAY



Do you have questions about face masks? Click [HERE](#) to figure out the right mask for you..

[Common Ground](#) (support group for family caregivers) Tele-Conference on Tuesdays at 10 a.m. and Wednesdays at 2 p.m. For more resources or if you missed one of our Facebook LIVE videos, Click [HERE](#) to view them. Follow CarePartners on [Facebook](#), [YouTube](#), and check www.CarePartnersTexas.org for updates.