



A Guide to an in-Home Gathering Place

Time for Baseball!

Greetings Gathering Place Friends! CarePartners and our Gathering Places may be on hold through May 31st, but that doesn't mean you can't bring elements of the Gathering Place into your own home! This week, we are going to celebrate **America's Pastime: Baseball!** In this packet you will find everything you need to have a fun, joyful, and active Gathering Place in your own home.

We would love to hear back from you with pictures and stories of how you are enjoying your activities this week! If you have pictures or stories you are willing to share, please send them to KJordan@carepartnerstexas.org or call us at 713-682-5995. We miss you terribly and would love to hear from you!

So, enjoy the jokes! Play the games! Sing the songs! And, above all, have fun!

A Time to Reminisce

Here are some questions to help you reminisce about Baseball with your loved one.

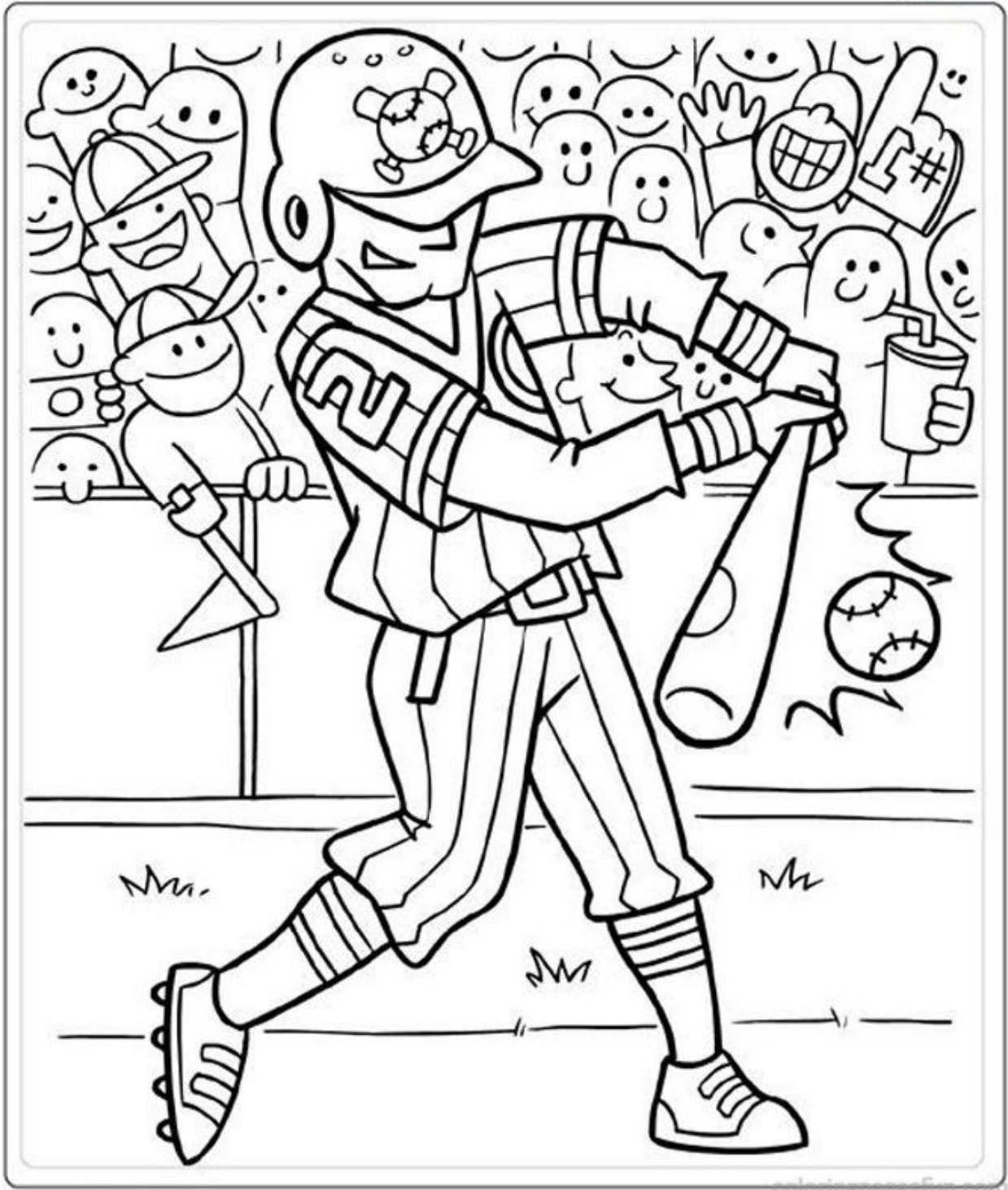
- Did you play baseball as a kid? Were you in a league or did you play with neighborhood kids?
- Have you ever been to a professional baseball game?
- Who was your favorite team? Who was their mascot?
- I love baseball stadium food like hot dogs and Cracker Jack's, what was your favorite?
- Did your mom or dad ever take you to games?
- Do you remember the All-American Girls Professional Baseball League? Did you ever see them play?

Word Games and Coloring Pages

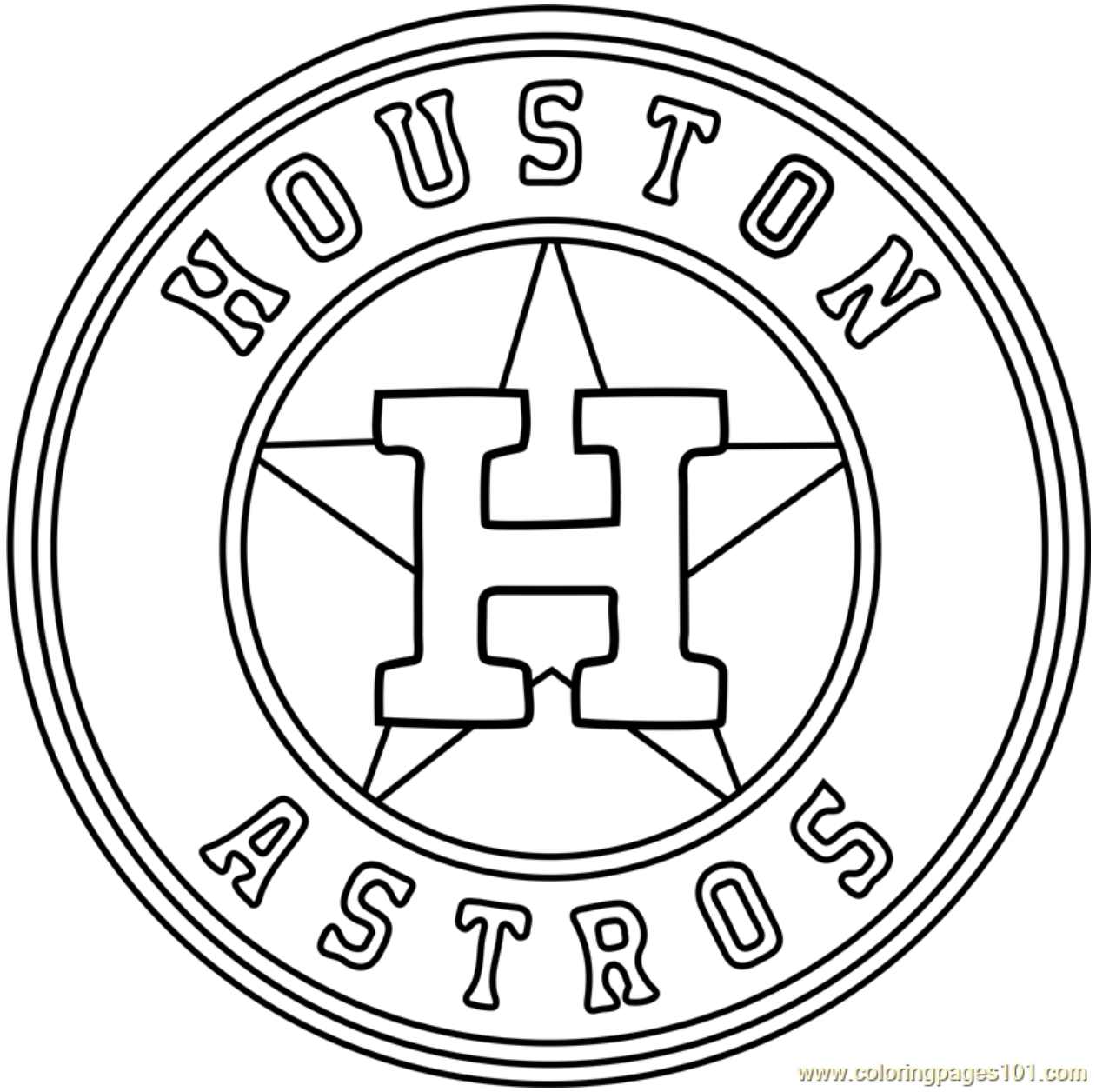
Baseball Word Scramble

1. Aidnmod _____
2. Ctrphie _____
3. Ohstsrtop _____
4. Omherun _____
5. Egdout _____
6. Enidrfiel _____
7. Sbae _____
8. Doumn _____
9. Hctearc _____
10. Iteksr _____
11. Laeeug _____
12. Knuckillbea _____
13. Rwnoudn _____
14. Dltoufei _____
15. Iafirsce _____
16. Astudim _____
17. Rrero _____
18. Kiofpcf _____

*Answers: 1. diamond, 2. pitcher, 3. shortstop, 4. homerun, 5. dugout,
6. infielder, 7. base, 8. mound, 9. catcher. 10. strike, 11. League, 12.
Knuckleball,
13. rundown, 14. outfield, 15. sacrifice, 16. stadium, 17. error, 18. pickoff.*



coloringpagesfun.com



www.coloringpages101.com

ORBIT



Baseball Word Search

K G Y V D E V C U M X Y
L B A I R K R H A H F W
R Y J Z N I S E P I P M
E W O W B R T O R T Q I
T H A C H T T S W W M D
T Y R V I S T R Z V L I
A M I T T B G H F E P N
B P R R S Y C O I Y J F
H G O B N V U F O R Z Q
G H F Q L L B B A T D M
S V P U N K D N O C E S
A Z P P S G I E M V T L
V B E A Q L Q M W R L K
P I T C H E R I J A W I
I R E H C T A C B U R K
E N U K U E T B D P G I

BALL
BAT
MITT
FIELD
TEAM

BATTER
PITCHER
CATCHER
SHORTSTOP
HITS

FIRST
SECOND
THIRD
FOUL
STRIKE



Created by superheroesandteacups.com

Game Time

Baseball Dice Game

You will need:

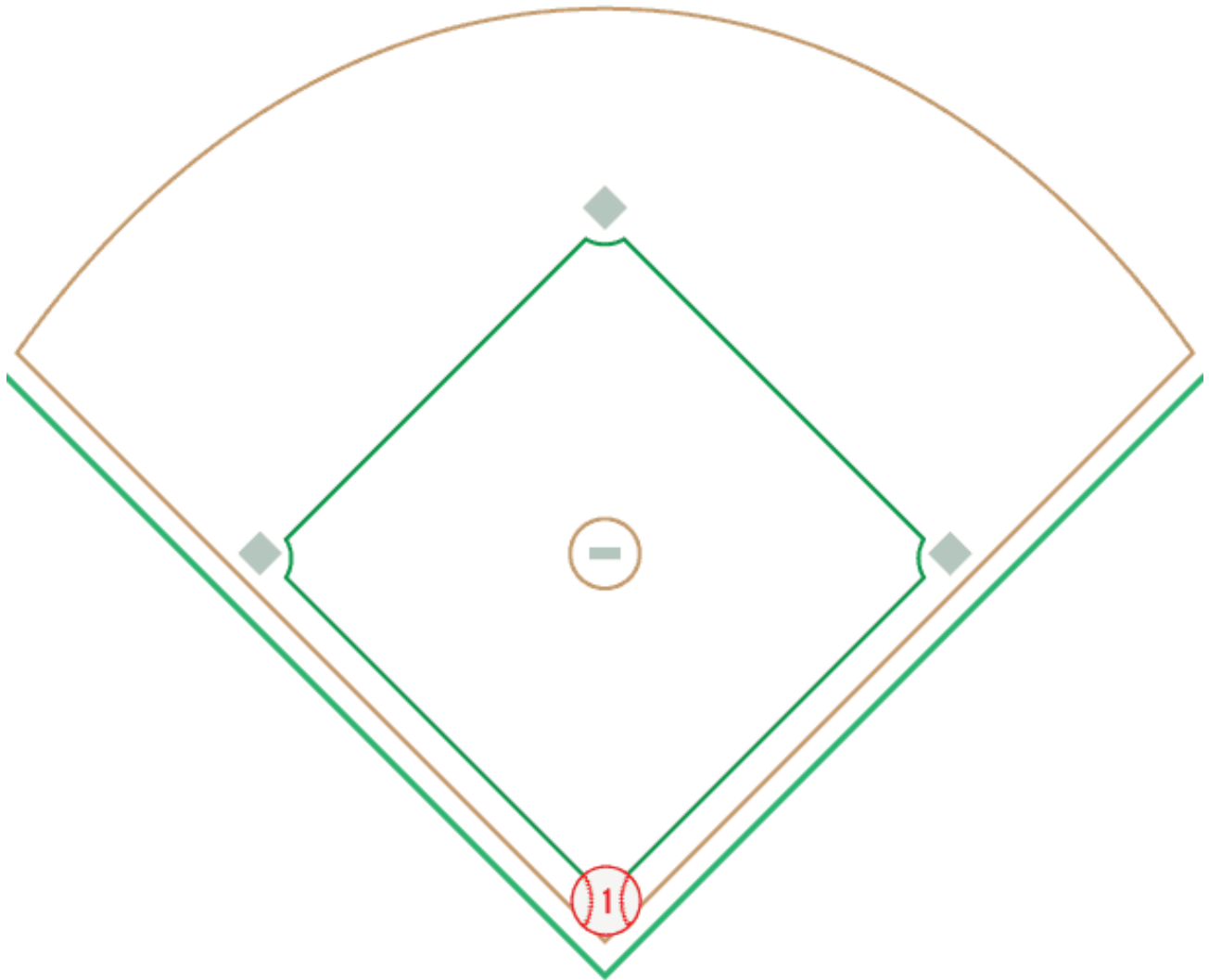
Two die

4 objects to represent basemen (coins or chess pawns, that kind of thing. Anything small will work)

Diagram below

Instructions

1. Each player rolls to see who goes first. The player with the highest roll will be up to bat first.
2. The first player rolls both dice.
 - A roll of three or four is a strikeout
 - five or six is a ground out
 - six is an error
 - seven or eight is a fly out
 - nine is a single
 - ten is a double
 - eleven is a triple
 - two and twelve are a home runs
3. Use your markers and your baseball diamond diagram to keep track of play for nine innings, three outs per player per inning. When a player gets a hit with runners on base, the runners should advance the number of bases the hitter advanced.
4. Tally up the number of runs after nine innings. The player with the most is the winner.



Innings:

	One	Two	Three	Four	Five	Six	Seven	Eight	Nine
Player One									
Player Two									

Outs:

One	Two	Three

Baseball BINGO

Call out the words from the wordlist in random order. Have your loved one mark off the words as they are called. 5 in a row wins! (The cards are provided at the end of this document)

Word List				
B	I	N	G	O
B Baseball	I Stadium	N Outfield	G Short Stop	O Boston Red Sox
B Batter	I Hot Dog	N Infield	G Umpire	O Texas Rangers
B Pitcher	I Popcorn	N First Base	G Coach	O Babe Ruth
B Fast Pitch	I Peanuts	N Second Base	G Catcher	O Hank Aaron
B Slow Pitch	I Cracker Jacks	N Third Base	G Houston Astros	O Lou Gehrig
B Curve Ball	I Bases	N Home Plate	G New York Yankees	O Yogi Berra

Arts and Crafts

DIY Felt Pennant¹

What you Need:

- 2 12X18" felt sheets in contrasting colors
- Scissors
- Glue
- Measuring tape or ruler
- Level or straight edge
- Pen or pencil

Directions:

1. Start by choosing which color you want the pennant to be and marking the mid-point of one short end.
2. Using your level (or ruler, or anything with a nice straight edge), line one end up with a top corner and the other end up with the bottom mid-point. Draw a straight line. Repeat on the other side.
3. Cut both lines, and you've got your triangle!
4. Repeat with your other color, but first mark in about 1-inch on both of the top sides (so that you end up with a smaller triangle).
5. (You may want to do the next two steps BEFORE doing this with your loved one) Count out how many letters are in the name or word that you want to spell out, then divide your smaller triangle into that many equally(ish)-sized pieces.
6. Cut your pieces out, then use a pen or pencil to trace a letter on each piece, filling it up as much as you can.
7. Cut your letters out (slooooooowly and carefully!)
8. Arrange them on your pennant – be sure to play around with it a bit before you do any gluing so you know it looks good. Leave a small margin on the wider end for your border piece.
9. Glue 'em on!
10. You're all done! Hang it up however you'd like – I just used thumbtacks to emphasize the casual feel of it, but you can add string or ribbon or whatever strikes your fancy to get it hung!



¹ <https://www.loveandrenovations.com/diy-no-sew-felt-pennant/>

Music

Music is a great way to engage different areas of your brain. There are some lyrics to songs below, but if you don't know the tune, you can play your favorite songs on YouTube and search for the lyrics online.

Pro Tip: You can put rice, beans, or something similar inside several of those plastic Easter eggs or an empty water bottle, seal them with some tape, and use them as noise makers for while you are singing!

Take me Out to the Ball Game

Take me out to the ball game
Take me out with the crowd
Buy me some peanuts and Cracker Jack
I don't care if I never get back
Let me root, root, root for the home team
If they don't win it's a shame
For it's one, two, three strikes, you're out
At the old ball game

Did You See Jackie Robinson Hit that Ball

Did you see Jackie Robinson hit that ball?
It went zoomin cross the left field wall.
Yeah boy, yes, yes. Jackie hit that ball.

And when he swung his bat,
the crowd went wild,
because he knocked that ball a solid mile.
Yeah boy, yes, yes. Jackie hit that ball.

Satchel Paige is mellow,
so is Campanella,
Newcombe and Doby, too.
But it's a natural fact,
when Jackie comes to bat,
the other team is through.

Did you see Jackie Robinson hit that ball?
Did he hit it? Yeah, and that ain't all.
He stole home.
Yes, yes, Jackie's real gone.

Did you see Jackie Robinson hit that ball?
Did he hit it? Yeah, and that ain't all.

He stole home.
Yes, yes, Jackie's real gone.
Jackie's is a real gone guy.

Exercise

Stay Strong Stay Healthy



Wide leg squat

Standing leg curl

Knee extension

Side hip raise

Biceps curl

Overhead press

Bent forward fly

Toe stand

Cool down

Hamstring and calf stretch

Chest and arm stretch

Upper back stretch

UNIVERSITY OF MISSOURI Extension
equal opportunity/ADA institution
MP 090 New 2/07, Revised 1/11

John Hancock Center for Physical Activity & Nutrition
Frederick School of Nutrition, Science & Policy
Copyright 2008 Tufts University, Boston MA
Adapted from the Strong Women Program
A National Fitness Program for Women

Devotion

Faith and Success

It is always interesting to learn a little more about baseball players and their history. One player that you might remember is Jim Morris. When I hear his life story I am reminded of the bible verse **Isaiah 41:13**. "For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you".

Jim Morris, unable to make anything of his baseball career, retired to become a high school physical science teacher and baseball coach in Big Lake Texas. He was supporting a family that included his wife Lorri, his 9-year-old son, his 5-year-old and 1-year old daughters.

While coaching baseball for the Reagan County Owls in the spring of 1999, Morris made a promise to his high school team that he would try out for Major League Baseball if his team won the district Championship, something the team had never accomplished before. The team won the title and Morris kept his end of the bargain by attending a Tampa Bay Devil Rays tryout. The scout was not interested in Morris but gave him a tryout solely to let Morris keep his promise to the children. Surprisingly, Morris discovered that in spite of his age, and having several surgeries on his arm, he was able to throw twelve consecutive 98 mph fastballs. After much debate with his family, Morris signed a professional contract with the Devil Rays organization at the age of 35.

He started out with the Minor League Double-A Orlando Rays, but after a few appearances he moved up to a spot with the Triple-A Durham Bulls. Thanks to his solid pitching performances with Durham, Tampa Bay gave him a chance to pitch with the big club when the rosters expanded, and on September 18, 1999, against Royce Clayton of the Texas Rangers, the 35 year old Morris made his debut. He struck out Clayton in four pitches. His goal of pitching in the majors was finally realized, and he made four more appearances later that year.

Morris made 16 major league appearances in 2000. Unfortunately, that season his arm problems recurred. His final appearance came on May 9, 2000, at Yankee Stadium. What a great accomplishment for this man of faith.

Romans 5:3-5 tells us; We know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. Morris showed us what perseverance, character and hope truly looks like. We never know what we are capable of or destined to be until we take that leap of faith.

Recipes

I Can't Believe it's Zucchini Soup²

What you need:

- 4 Cups Chicken broth
- 5 medium Zucchini, sliced
- 2 Carrots, peeled and grated
- 1 medium yellow onion, diced
- 8 oz. Cream cheese, cubed
- Optional: Chopped fresh parsley to garnish.

Directions:

In a saucepan or stockpot, cook zucchini, carrots, and onion in chicken broth for about 20 minutes until vegetables are tender. Transfer in small batches to a blender or food processor. Blend well. Add cream cheese, a little at a time, and continue blending until cream cheese is melted and fully incorporated. Add salt if needed.

This soup is good served hot or cold and it freezes beautifully!

And it's a pretty color 😊

BONUS

Baseball Quotes

Baseball, it is said, is only a game. True.
And the Grand Canyon is only a hole in Arizona.
George Will

A baseball game is simply a nervous breakdown
divided into nine innings.
Earl Wilson

Every hitter likes fastballs, just like everybody likes ice cream.
But you don't like it when someone's stuffing it into you by the gallon.
That's what it feels like when Nolan Ryan throws fast balls by you.
Reggie Jackson

Putting lights inn Wrigley Field
is like putting aluminum siding on the Sistine Chapel.

² Recipe by Care Team Coordinator Nanci Engle

Roger Simon

Little League baseball is a very good thing
because it keeps the parents off the streets.

Bob Uecker

Hitting is all about timing.
Pitching is all about upsetting the timing.

Warren Spahn

Progress always involves risks.
You can't steal second base and keep your foot on first.

Frederick B. Wilcox

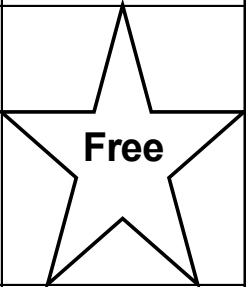
Things could be worse.
Suppose your errors were counted and published every day
like those of a baseball player.

Anonymous

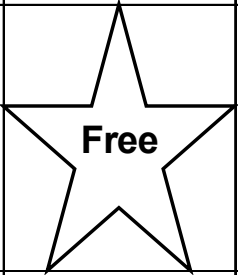
Baseball is ninety percent mental
and the other half is physical.

Yogi Berra

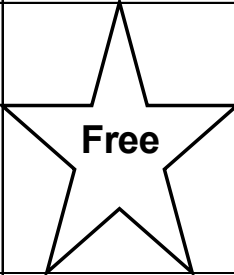
Baseball

B I N G O				
Fast Pitch	Stadium	Card.Bingo First Base	New York Yankees	Hank Aaron
Curve Ball	Peanuts	Outfield	Umpire	Lou Gehrig
Baseball	Bases	 Free	Short Stop	Yogi Berra
Pitcher	Cracker Jacks	Second Base	Houston Astros	Texas Rangers
Batter	Hot Dog	Infield	Catcher	Boston Red Sox

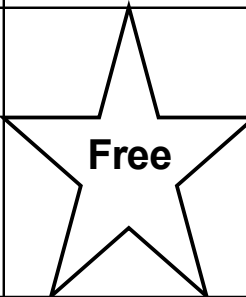
Baseball

B I N G O				
Slow Pitch	Peanuts	Card.Bingo Outfield	Houston Astros	Boston Red Sox
Fast Pitch	Cracker Jacks	Second Base	Short Stop	Yogi Berra
Baseball	Popcorn	 Free	Catcher	Texas Rangers
Curve Ball	Bases	Infield	New York Yankees	Hank Aaron
Pitcher	Stadium	First Base	Umpire	Lou Gehrig

Baseball

B I N G O				
Fast Pitch	Cracker Jacks	Card.Bingo First Base	Short Stop	Hank Aaron
Pitcher	Peanuts	Second Base	Catcher	Babe Ruth
Batter	Stadium		Houston Astros	Lou Gehrig
Curve Ball	Popcorn	Outfield	Umpire	Texas Rangers
Baseball	Bases	Third Base	Coach	Boston Red Sox

Baseball

B	I	N	G	O
Curve Ball	Bases	Card.Bingo Home Plate	Coach	Hank Aaron
Baseball	Stadium	Second Base	Short Stop	Babe Ruth
Slow Pitch	Popcorn	 Free	Catcher	Yogi Berra
Fast Pitch	Hot Dog	Infield	New York Yankees	Texas Rangers
Batter	Cracker Jacks	Outfield	Umpire	Lou Gehrig