



Common Ground—

What to expect as a Caregiver!

Steps to take to be a part of our Common Ground program

Registration Process:

1. Must register prior to attending a Common Ground program.
2. CarePartners Coordinator will complete your registration over the phone or in person.
3. Must provide contact information about yourself and detailed information about the individual you are caring for, including a diagnosis.
4. You can attend as many Common Ground programs as you need throughout the month. In order to attend, you must register for those with a CarePartners Coordinator.
5. You will receive respite support by attending the Common Ground program and in many cases there is a Gathering Place program for your loved one to attend if they have a memory loss diagnosis.



Common Ground—

What to expect as a Caregiver!

Common Ground Program:

1. You're registered for the Common Ground program!
2. The first time you attend, you will be greeted by one of our Common Ground volunteers and welcomed by other caregivers like yourself in the group.
3. In case of emergencies, we understand that you must be available via phone during the Common Ground session. But please place your phone on vibrate.
4. Common Ground can be between 1-2 hours depending on the number of caregivers attending.
5. Information shared is confidential.
6. We hope you receive information, support, education and emotional support while you attend Common Ground.

CarePartners Coordinator Expectations:

1. A CarePartners Coordinator is assigned to you and is available to assist you with education, resources and support. Ask about our other CarePartners programs that offer additional respite support.
2. Communication from a CarePartners Coordinator or Volunteer may occur to ensure you are provided with all the tools necessary to care for your loved one.