



## Gathering Place—A Typical Day

**10:00 AM—1:30 PM**

All Gathering Place programs include 6 components; Socialization, Arts, Entertainment, Fitness, Lunch and Games. Our caring volunteers create a fun, engaging atmosphere that is welcoming and beneficial to individuals with memory loss, including Alzheimer's and other related dementia. This 3.5 hour program is at no cost to the care partner or caregiver who receives the respite care.

Our Partnering congregation/community partner incorporates their culture into the Gathering Place program. Caregivers and their loved ones are met enthusiastically by a CarePartners caring volunteer who provides a safe, interactive environment and engaging experience for 3.5 hours. We provide a 1:1 care partner to volunteer ratio.

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10:00 AM	Welcome/Visit
10:20 AM	Socialization
10:30 AM	Arts
11:00 AM	Entertainment
11:45 AM	Fitness
Noon	Lunch
12:30 PM	Games
1:00 PM	Bingo/Games
1:30 PM	Good-Bye/Pick-up



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Gathering Place programs are unique to the partnering congregation/nonprofit but will include the 6 components that are specific to caring for individuals with memory loss.

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10:00am-**Welcome** Care partners (individual living with memory loss) and caregivers arrive at the Gathering Place, greeted by a caring volunteer. Volunteers will assist with escorting your loved one to and from your vehicle. Program begins with coffee, snacks, and on occasion table games.

10:20am- **Socialization** time is a conversation circle with care partners and their volunteer. We enjoy talking about the theme for the day (luau, weddings, Valentines, Mardi Gras, Easter, circus, sports, travel, etc.). We meet in a circle or at a table and share memories, discussions, or a word game related to the theme.

10:30am- **Arts & Crafts** Time! We believe in purposeful crafts at the Gathering Place, an activity that stimulates the brain to work with our hands. Care partners are proud to bring home and share their craft with their families. On occasion our partnering congregations/community partner will create items for a community service project.

11:00am- **Entertainment** comes in unique fashions. Our entertainers bring their talents to share singing, playing instruments, acting or performing. Many of the songs are relatable to the era of our care partners. On occasion we have service animals, children from a local school or teenagers provide fun, engaging entertainment.

11:45am- **Fitness** allows the mind and body to connect. Chair exercises include simple movement, stretching and breathing. Music is a key component to fitness and most often the music used is from the era of the individuals we serve.

12:00pm- **Lunch** is prepared and served by our kitchen volunteers.

12:30pm- **Games** are a great way to have fun at the Gathering. We may play balloon volleyball, bowling, parachute games, bean bag toss and many more games that allow our care partners to get involved and active.

1:00pm- **BINGO** Time!! Bingo is always a popular part of every Gathering! Everyone enjoys winning at Bingo.

1:30pm- **Good-Bye and pickup** is not good-bye but rather “see you next time”. Our volunteers share the events of the day with caregivers and encourage them to join us next month.



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St. Cecelia's Catholic Church is one of our 50+ congregation partners that has been offering the program since 1998. A strong Care Team® of volunteers work side by side our CarePartners Coordinators to provide support and quality care for CarePartners. Caregivers receive 3.5 hours of complimentary respite while their loved on attends the Gathering Place.

**Theme**



**Caring Volunteers**



**Games**

**Entertainment**



**Arts & Crafts**

**Fitness**

**Bingo**

